



I Will Go Reach My World



NURTURE



EMPOWER



OUTREACH

"We have different gifts according to the grace given us..." —ROMANS 12:6, NIV

A MINISTRY FOR EVERY WOMAN



2021.19. September 24, 2021

News from Women's Ministries Inter-European Division

October is Breast Cancer Awareness Month



Preventive Measures Save Lives

October as Breast Cancer Awareness Month was initiated in 1985. Closely associated with this is the Pink Ribbon, which can be seen in many places, especially during this month. It is intended to raise awareness of breast cancer, to raise awareness of prevention options, early detection, but also treatment and aftercare - all over the world. Because breast cancer concerns us all.

Regular Self-examination helps to detect any abnormalities in your breast. Early signs can be a lump in a breast, a painful breast or armpit, or a discharge from the nipple.

If any of these symptoms do present themselves there is no need to panic, but a doctor should be visited to be sure and further measures can be taken. A doctor will most likely perform a manual exam, and send you for a mammogram or/and an ultrasound. Early detection is a lifesaver.

There are also preventive measures, for example:

prolonged breastfeeding, regular physical activity;

weight control;

avoiding harmful use of alcohol;

avoiding exposure to tobacco smoke;

avoiding prolonged use of hormones; and

avoiding excessive radiation exposure.

A healthy diet that is high in fruits, vegetables, nuts, and legumes is also preventive.

More information can be found here:

[Breast Cancer Awareness Blogs | Adventist Health](#)

I am sure, each of us knows at least one affected person. Why not take this opportunity, to send an encouraging card to a friend? Provide a heart-shaped pillow for an affected one as a support after surgery. Plan a sponsor run, spread hope, and share a story of a breast cancer survivor. Pray for cancer patients.

Dagmar Dorn, EUD WM Director

"I WILL GO" - WOMEN'S MINISTRIES VIRTUAL WORLD CONFERENCE



OCTOBER 29-30, 2021

Two days, Friday and Sabbath, October 29-30, 2021

Four hours each day, 6:00 a.m. – 10:00 a.m. Eastern Standard Time (New York time) Central

European Time 12:00-16.00 hrs

Eastern European Time 13:00 – 17:00 hrs

Western European Time 11:00 – 15:00 hrs

Music, inspirational messages, prayer time

Seminars, Reports by Women's Ministries division directors

View on your personal digital device

Every moment of the virtual Women's Ministries conference is packed with inspirational messages, music, prayer time, seminars, and Women's Ministries division reports. Seminar

presentations focus on our three areas of ministry, Nurture, Empower, Outreach, and also Prayer.

Something in the program will touch your heart. How will you respond to the Lord's question, "Who will go?"

Join us in saying, "Yes, Lord, send me. I WILL GO Reach My World."

For more information go to women.adventist.org/virtual-wm-world-conference

WOMEN'S MINISTRIES SABBATH IN GREIFSWALD, HANSE CONFERENCE



I AM WORTHY BECAUSE I AM AFFIRMED BY GOD

My heart rejoices when I look at the photos of the women's sabbath on September 11, 2021, in Greifswald, at the eastern corner of the Hanse Conference. Many women came to Greifswald as they were able to be together again after a long time. We were delighted

to welcome Renate Dost as our guest speaker. After the church service in the morning, 26 women stayed for the afternoon program. In her sermon, Renate Dost reflected on the greatness of God's love for us, His children. "Since you are precious and honored in my sight, and because I love you, I will give people in exchange for you, nations in exchange for your life" Isaiah 43.4 NIV

After the lunch break, the program continued in the afternoon and we considered our value: "What I am good at...- What others appreciate about me...- What I find difficult....What I have always wanted to do or be able to do..." We answered the questions for ourselves and talked about them and thought about how we can see ourselves in a new way. The words of Antje Sabine Naegeli still resound in our thoughts: "I am worthy because I am wanted and affirmed by you. Lord, you are my God; you take me and protect me from other people and myself. That I am worthy in your eyes is beyond anything I can feel or comprehend, but your promises are more reliable than my fickle feelings."

Reported by Nancy Duske, Hanse Conference WM Director

WOMEN'S WEEKEND RETREAT IN SWITZERLAND



EYE CONTACT WITH JESUS

As we approached St. Stephan, on Friday September 17, 2021, passing one bend after the other on the Swiss mountain roads, not only were our cars packed full with bags, but also our minds were full of thoughts, emotions and our stories. This was the main reason why I decided to attend the Women's Weekend Retreat this year. I wanted to get away from everyday life, to consciously take time to fill up my tank and to meet other women. When women meet, not only do they talk a lot, but they also listen to each other at the level of the heart. Particularly gratifying and incredibly enriching this year was the colorful mix of old and young women, long-time believers and newcomers to the faith. All were there just as women.

All of us came to this weekend with our baggage and was brought into eye contact with God through Shaina Strimbu, the retreat speaker. God sees us as He intended us to be as His created beings. There is a benevolence in his gaze that brings healing to our hearts. This was illustrated to us through the touching story of Hagar, Abraham's slave. Although she was a slave, God met her and heard her cry. By making eye contact with God, Hagar saw the benevolence in His eyes and was allowed to experience that this God makes His promises come true and that HE saw in her not the slave, but Hagar, "the beautiful one." God still shows this unbelievable esteem to every woman today. In this encounter, Hagar gives God the name "El Roi", God who sees or lets himself be seen. This being seen by God is not always pleasant. It also means that we become vulnerable, feel shame from the guilt that weighs on us. Many tears were shed, and many tears were laughed - authentic, healing tears that brought us closer together. We were encouraged to use practical methods of Bible study to strengthen us in our daily devotions that help us to stay in eye contact with God. Thanks to Elmar and Ursula we didn't have to worry about food during these few days and were able to just sit down and be pampered.

May this weekend also be a blessing for those who stayed at home. I decided to sit like Mary at the feet of Jesus and listen to his voice and be in eye contact with him, to let go of my feelings of shame and receive healing from him, to let my vessel be filled by him, every day anew.

Thank you Dagmar Latuski and the whole Women's ministries team for this unforgettable weekend, in eye contact with Jesus, heart to heart. See you next time!

Reported by Silvia El Gabi

Women's Ministries Motivation Workshop in the Hanse Conference



ICOR – CREATING AN INTERGENERATIONAL CHURCH OF REGURE

On September 5, 2021, another Motivation Workshop gathered women in a small in-person group in Hamburg and others on Zoom from other parts of Germany as well as Portugal. Benny Brunotte introduced us to the 10 iCOR values:

Connecting, Caring, Participating, Worshipping, Teaching, Serving, Reconciling, Mentoring, Training, Leading. They are intended to nurture the commitment and attitude fostered by the church to be a family of God and form an intergenerational community of believers to satisfy the spiritual needs of young people specially. These values form the foundation for further church

activities and help the church to define and implement its individual goals.

We concentrated on the values we have in our lives: Love, compassion, understanding, boundaries, attention, dependability, and acceptance.

These values and attitudes are important when we consider how to make worship services relevant to all generations. We also learned about conflict solving strategies in Bible texts like Matthew 15:21-28.

We concluded that we have to keep asking ourselves whether the values we adhere to are still the right ones. Considering such questions will bring us together in our churches and help spiritual growth in members.

We would like to thank Benny Brunotte for his valuable coaching.

Reported by Teresa Pegas

Woman, Dream Big



June 12, 2021

Female entrepreneurship was the theme that the Women's Ministries team of the Franco-Belgian Union wanted to share with women of all ages during the event on June 12.

The objective was to remind that God has deposited a dream in the heart of each person and that he waits patiently not only to reveal it to us but also to team up with him to fully embrace this blessed plan for our lives. The word *entreprendre* (undertake) is defined as to set out to do something. This is the message that the team wanted to pass on to women and also to men; set them on the path to take action.

During her sermon, Karine Eloidin, pastor-treasurer of the North France Conference, through the story of Esther, led the participants to reflect on the question of God's call for us "And who knows but that you have come to your (royal) position for such a time as this?" When God places a dream on our hearts, our mission is to impact our environment. Undertaking a project or an activity is a tool that God uses to make Himself known more and to touch the greatest number of people. God can call anyone for a specific purpose, as he did with Esther. Knowing who you are and who you want to be are essential keys to start a project.

Ludvine Gustave and Sonia Tesor shared advice for women who want to start an enterprise.

First of all, you have to know yourself, ask yourself the right questions, and know who you want to be, what kind of leader you want to be. Obstacles can sometimes prevent us from launching out, that's why being aware of the value of what we offer, allows us to propose a fair price for our services.

We all have at least one dream, let's consider it in the light of God, let's develop a deep and close intimacy with God to walk faithfully in the footsteps of Jesus; to undertake something with faith and boldness to impact our neighborhood.

We hope that this theme will help many people to become aware of their dream and to take action to put it into practice.

Reported by the WM team in *Revue Adventiste*, July-August 2021

Orange Day Message from Sweden



PRAY FOR WOMEN IN AFGHANISTAN

EUDWOMEN.ORG NEWS ORANGE DAY MESSAGE FROM SWEDEN

The Women's Ministries Department in the Swedish Union Conference posted a reminder of Orange Day on August 25, 2021.

„Today I pray for all the desperate women in Afghanistan. Women who fear for their lives, girls who fear they won't go to school anymore, teenage girls who risk becoming sex slaves.

Yes - for anyone wondering - I have painted my foot nails orange. It's a good reminder that I want to take 'orange-colored steps' every day. Steps from violence and towards God's love.

We stand with God against violence!“

What an inspiring thought! Let us all take steps from violence towards God's love and keep something visible in orange around us to remind us of these steps. Don't forget Orange day on the 25th of every month. And yes, let's pray for all women who are abused, and particularly now for the women in Afghanistan.

Join us on [facebook eudwomensministries](https://www.facebook.com/eudwomensministries/).
<https://www.facebook.com/eudwomensministries/>

Homepage Women's Ministries:
eudwomen.org

Dagmar Dorn
Hannele [Ottshofski](https://www.facebook.com/eudwomensministries/), Editor

Women's Ministries
General Conference SDA
Inter-European Division (EUD)
Schosshaldenstr. 17
CH - 3006 Bern
Mail: dagmar.dorn@eud.adventist.org